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Australian

MAGAZINE

MAY'S MUNCH OF THE MONTH

FEATURED PRODUCT

COCONUT GREENS SACHET 7 PACK RRP: \$34.95



Coconut Greens PANCAKES

Pancake Batter

INGREDIENTS:

- 1 cup almond flour
- 1 cup rice flour
- 1/4 cup maple syrup or coconut sugar
- 1 egg (optional) or chia seeds
- grounded into paste with water
- 2 tsp coconut butter or regular butter
- 1 cup plant milk
- 1 tsp vanilla bean scraped.
- 1 pinch cinnamon

METHOD:

Mix all ingredients well in a bowl until it comes together like a thick cake batter then spray a pan with coconut oil and pour batter, let it cook on one side until little bubbles appear then flip to the other side until golden!

rosting

INGREDIENTS:

- 1 cup coconut yoghurt or whipped coconut cream
- 1 sachet of coconut greens powder
- 1 tsp maple syrup or coconut sugar

METHOD:

Mix together well and pop on top of the pancakes and then add extra toppings like granola and coconut.