

Giaan
Rooney's

MACADAMIA & ORANGE BLISS BALLS

PREPARATION TIME:
8 MINUTES

SERVES:
8

INGREDIENTS:

- ¾ cup macadamia nuts, raw or roasted
- 6 medjool dates, pips removed
- ½ tsp turmeric
- ½ tsp cinnamon
- ½ tsp nutmeg
- 1 tsp cocoa powder
- Zest of an orange
- 2 tsp orange juice
- 2 tbsp chia seeds

METHOD:

1. Add all ingredients except the chia seeds to a food processor and blend for a couple of minutes until the mixture comes together.
2. Add the chia seeds and pulse briefly to combine.
3. Roll the mixture into 8 even sized balls.
4. Grate over some extra orange zest if desired.
5. Refrigerate until ready to enjoy.
6. Store in an airtight container in the fridge for up to a week.

NOTE: This recipe can be doubled.

